

# REX Orthopedics

## Total Joint Replacement Class



It's important that you're prepared for your surgery and informed about the care you'll need following your procedure. We offer free preparation classes to patients who are planning to undergo total knee or hip replacement surgery.

During this class you will learn:

- Valuable information about your surgery
- What to expect following surgery
- How to fully participate in your recovery
- Equipment needed

### Total Knee Replacement Classes

Tuesdays 9:00 a.m. - 10:00 a.m.

UNC REX Critical Care Waiting Room

### Hip Replacement Classes

Thursdays 9:00 a.m. - 10:00 a.m.

UNC REX Critical Care Waiting Room

For more information, call (919) 784-2082. No registration is required.

### UNC REX Critical Care Waiting Room

Free parking is available in the front of the main hospital. Enter through the patient tower entrance, take the first right into the Critical Care Waiting Room.



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HEALTHCARE